

**Pike Perch (Zander) Fillets**

Company name	SUGLA FROZEN FISH COMPANY
Address	Tasagıl Mahallesi 161120 Sokak No:7 Seydişehir/KONYA TURKEY
Product name	Pike Perch (Zander) Fillet
Product type	Single Frozen <b>Product type: Wild Capture Harvesting Method: Gill Nets</b>
Scientific name	Stizostedion lucioperca-Sander lucio perca
Origin	TURKEY
HS CODE	<b>03.04</b>
Company Certificate	BRC-GLOBAL GAP-IFS-FDA
Calibers	<b>10/20 20/40 40/60 60/110 110/170 170/230 230/300 300/500 500+ up</b>
Glaz	<b>%10 %90 Net Weight</b>

**PIKE PERCH FILLET**

This food is low in saturated fat. It is also a good source of celenium and a very good source of protein, vitamin B12, phosphorus and manganese.



Scientific name *Stizostedion lucioperca-Sander lucioperca*

Original name, Turkish **Sudak**

English name **Pike perch**

Water (g/100 g) **80.23 ± 0.12<sup>b</sup>**

Ash (g/100 g) **0.98 ± 0.01<sup>a</sup>**

Protein (g/100 g)(N × 6.25) **18.01 ± 0.47<sup>b</sup>**

Fat (g/100 g) **0.74 ± 0.02<sup>a</sup>**

Sodium (Na) **66.51 ± 5.00<sup>a</sup>**

Potassium (K) **354.70 ± 6.42<sup>b</sup>**

Magnesium (Mg) **37.43 ± 2.09<sup>b</sup>**

Manganese (Mn) **0.85 ± 0.05<sup>a</sup>**

Copper(Cu) **0.13 ± 0.004<sup>b</sup>**

Zinc (Zn) **1.32 ± 0.07<sup>a</sup>**

	Vitamin C (mg/100 g)	Vitamin B <sub>1</sub> (mg/100 g)	Vitamin B <sub>2</sub> (mg/100 g)	Folic acid (µg/100 g)	Vitamin A (µg/100 g)	Vitamin E (mg/100 g)
Pike perch	1.91 ± 0.15 <sup>b</sup>	0.04 ± 0.003 <sup>a</sup>	0.10 ± 0.007 <sup>c</sup>	12.13 ± 1.09 <sup>a</sup>	-	0.94 ± 0.01 <sup>c</sup>